

UNITED STATES FUTSAL RULES AT A GLANCE

THE PLAYING COURT

The playing court shall be rectangular, with its length always exceeding its width. Length is a maximum 46 yd's, minimum 26 yd. Width maximum 26 yd's minimum 16 yd's. Goals will be 7 ft high by 10 ft wide. On Large size fields a penalty area will consist of a 20 ft arc from each post. For fields of smaller size a 13 ft arc shall be used. Substitution zones will be marked to a depth of 16 ft for a length of 10 ft either side of the midfield line.

LENGTH OF GAME.

For adults and U19's two halves of 20 minutes. For U18's and below two halves of 15 minutes. Each team will be allowed 1 time-out per half. With leagues **using running** docks 2 x 20 Min,

TECHNICAL FOULS

- (a) Kicks or attempts to kick an opponent
- (b) Trips an opponent.
- (c) Jumps or t,throws himself on an opponent
- (d) Charges an opponent.
- (e) Charges from behind
- (f). Strikes or spits at an opponent.
- (g) Holding
- (h) Pushing
- (I) Charges an opponent with the shoulder
- (J) Applies a sliding tackle (whether touching an opponent or not)
- (k) Handles a ball
- ((1) Performing a Bicycle Kick.

Penalty - a direct free kick from the spot of the foul. If a player commits a Technical foul in his penalty area he shall be penalized by awarding a Penalty Kick regardless of the position of the ball.

(PERSONAL FOULS

- (a) Dangerous Play or High kicking.
- (b) Obstruction
- (c) Chazging a goal keeper

Penalty - an indirect free kick from the spot of the foul unless it happened in the penalty area in which case it will be awarded a spot on the 20 ft arc closest to where the infraction occurred.

DISCIPLINARY FOULS

- (3) A player will be cautioned if
 - (a) During a flying sub he enters the game before his team mate is: completely off the field.
 - (b) he infringes persistently the laws of the game;
 - (c) dissent or ungentlemanly conduct

Penalty - an indirect free kick from the spot of the foul unless it happened in the penalty area in which case it will be awarded a spot on the 20 ft arc closest to where the infraction occurred.

- (4) A player shall be ejected if in the opinion of the referee
 - (a) Is guilty of serious foul play.
 - (b) Is guilty of violent conduct
 - (c) Uses foul or abusive Language
 - (d) Is guilty of persisting in misconduct after cautioning.

Penalty - an indirect free kick from the spot of the foul unless it happened in the penalty area in which case it will be awarded a spot on the 20 ft arc closest to where the infraction occurred.